

Lunar Rhythms

A lecture for Alberta Connection by Lesley Francis

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And so we begin

**Take a moment to be present with
this image.**



The Sun, the Moon and All That Jazz

The most important relationship in the birth chart.

The Sun is the giver of life, the source of being.

The Moon is the translator, the interpreter of that energy.



Why phases?

The language of astrology is so complex. We are already trying to sort out the meanings of planets, dwarf planets, asteroids, signs, houses and aspects, not to mention subsets. Who, pray tell, has time for phases?

Good question.



Remember

The phases of the moon represent the unfolding pattern of the relationship between the Sun and the Moon.

This is so profoundly basic to how we conduct our lives that the phase you were born under ceases to be a subtlety and becomes a necessity if you seek a deeper understanding.



Lunar Phases

New

Crescent

First Quarter

Gibbous

Full

Disseminating

Last Quarter

Balsamic



How to calculate

Always use the Sun as the starting point

New – 0 to 44:59 degrees

Crescent – 45 to 89:59:59 degrees

First Quarter – 90 to 134:59:59 degrees

Gibbous – 135 to 179:59:59 degrees

Full – 180 to 224:59:59 degrees

Disseminating – 225 to 269:59:59 degrees

Last Quarter – 270 to 314:59:59 degrees

Balsamic – 315 to 360 degrees

Phases of the Moon as it Revolves Around the Earth (not to scale).



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Astro correlations

New – 0 Aries to 14:59:59 Taurus

Crescent – 15 Taurus to 29:59:59
Gemini

First Quarter – 0 Cancer to
14:59:59 Leo

Gibbous – 15 Leo to 29:59:59 Virgo

Full – 0 Libra to 14:59:59 Scorpio

Disseminating – 15 Scorpio to
29:59:59 Sagittarius

Last Quarter – 0 Capricorn to
14:59:59 Aquarius

Balsamic – 15 Aquarius to 29:59:59
Pisces



Questions?



Now what?

Comparing the signs of the Sun and the Moon indicates the connection between the two.

The aspect between them indicates how that connection unfolds.

The houses describe the focus.

And the lunar phase you were born under speaks to the intent of the Sun/Moon relationship in your birth chart.



New Moon

Intent – Operate in the moment.
Jump spontaneously into things.
Fine-tune and hone instinctual
nature as a guide to the unknown.

Key words – wishing, setting
intent, connecting to what you
desire, instinctual

Feeling – Anticipation



Crescent

Intent – Open to possibilities, accept uncertainty, resolve tension between past and future, process resistance, grow

Key words – Weighing, balancing, dealing with fear

Feeling – Worry and/or expectancy



First Quarter

Intent – Clarify direction, take purposeful action, move out of the known world, make decisions, build a foundation

Key words – Planning, taking first steps, building new pathways

Feeling – Pushy aka need to get moving



Gibbous

Intent – Evaluate effectiveness, make changes, sort through incoming data, develop capacity for discernment

Key words – perfection, fine-tuning, tinkering, analysis

Feeling – Frustration



Full Moon

Intent – See things as they truly are, harvest, fulfill vision, gather treasure both obvious and hidden from experience, confront challenges

Key words – Illuminate, be inclusive, accept consequences, willingly let go, detach

Feeling – Satisfaction, awareness



Disseminating

Intent – Distill experience, develop wisdom, share, communicate, expand, be vulnerable, stretch yourself.

Key words – Insightful, incorporate awareness, express your true self.

Feeling -- Connectedness



Last Quarter

Intent – Reflecting on experience, releasing, letting go, questioning any left-over expectations, finishing processes, healing

Key words – Taking stock, re-evaluating everything that happens, clearing, cleansing

Feeling -- Restlessness



Balsamic

Intent – Transformation, bridging what is now past with what is to come, experiencing the void, floating between worlds

Key words – Emptying out, creating new space, renewal

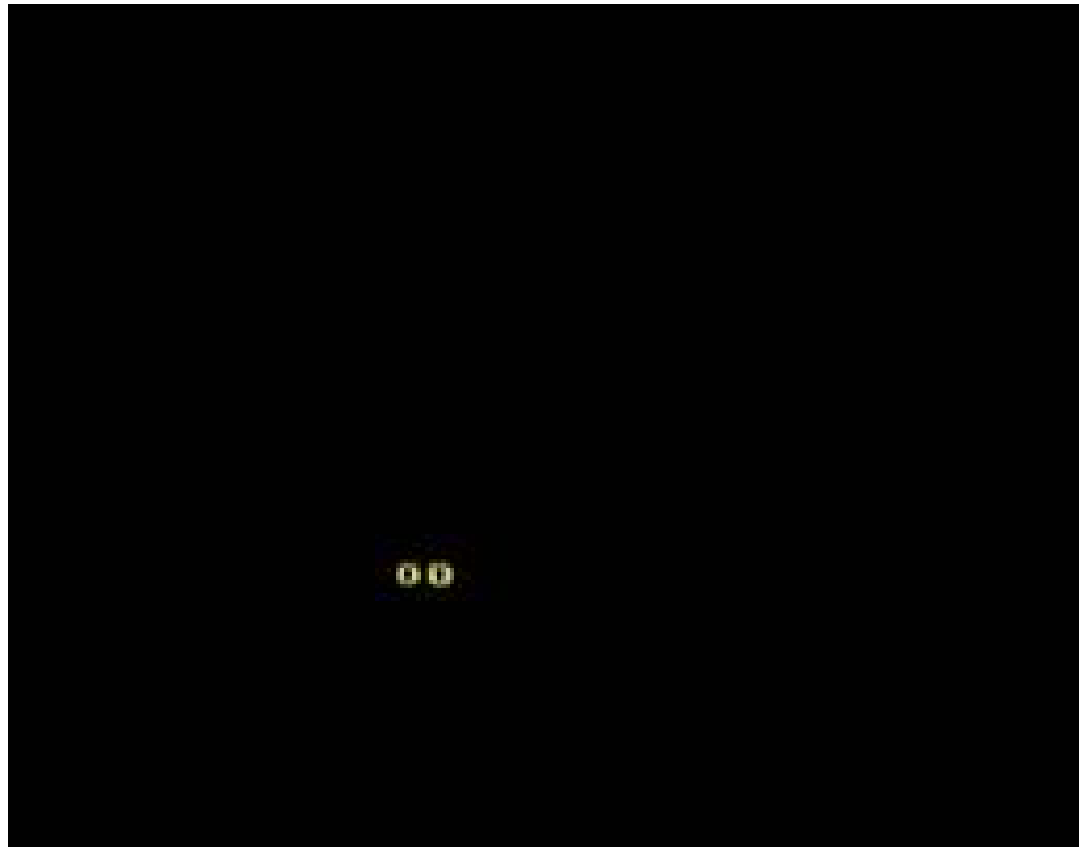
Feeling -- Readiness



Synthesis

So where does the lunar phase fit in the process of creating a picture of you – or a client.

Well, when I delineate a chart, I take a look at the lunar phase right after I identify the basic Sun and Moon positions and before I take into account the aspect between the Sun and the Moon.



Let's Talk



For more information

The Lunation Cycle by Dane Rhudyar

Finding Our Way Through the Dark by Demetra George

Moon Phases by Martin Goldsmith

Phases of the Moon by Marilyn Busted, Richard Tiffany, Dorothy Wergen



One last word

Keep in mind that all things are fluid. That things flow one into the other without the strict boundaries that astrologers – and the world at large – are so fond of.



Thank you

CREATE HAPPINESS

"I KNOW
NOTHING
WITH ANY
CERTAINTY,
BUT THE
SIGHT OF
THE STARS
MAKES
ME DREAM."

Vincent van Gogh

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